

## **Six Literal Days of Creation and a Seventh Day of Rest**

*By James Moriello, 2025*

One of the first rules of hermeneutics, principles of right understanding of the Bible, is that if the Bible makes literal sense, we ought to seek no other sense. Yet this rule is regularly violated concerning the six days of creation and the seventh day of rest. The Scriptures teach literal 24-hour days. Here are the evidences of this.

1. "Then God said, "Let there be light"; and there was light. And God saw the light, that it was good; and God divided the light from the darkness. God called the light Day, and the darkness He called Night. So the evening and the morning were the first day" (Genesis 1:3-5). This formula is repeated day by day. Each day has an evening and a morning. That indicates a day as we know it. Why would we interpret it any other way?
2. In Hebrew grammatical usage, when the Hebrew word for day, "yom", is used after an ordinal number (first, second, etc.), it means a literal 24-hour day.
3. "Thus the heavens and the earth, and all the host of them, were finished. And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made" (Genesis 2:1-3). The seventh day is certainly a literal day, and it is the basis of the Fourth Commandment. If it is were not a literal day, the basis for commandment does not make any sense. "Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it" (Exodus 20:8-11).

There being no legitimate biblical evidence to the contrary, there is no biblically legitimate argument for a "day-age theory." The use of 2 Peter 3:8, "that with the Lord one day is as a thousand years, and a thousand years as one day" violates the context of that passage, which is simply that God exists outside of time. Using that verse to teach thousand year creation days, or for that matter, any outline of human history into thousand year periods, only shows the ignorance of the one who teaches those things. As believers in the inerrant Word of God, we must be careful not to try to conform clear Bible narratives to the science of the day or any other human understanding.